



NUTRITION SECURITY SOLUTIONS, Inc.

This year NSS is participating in...


**THE
great Give**
MAY 6-7, 2026

A 36-hour, online-giving event
to support local nonprofits



The **COMMUNITY** Foundation
for Greater New Haven



**Help us to continue to feed the malnourished
elderly and disabled in CT!**

Visit: nssincct.org/donate/

to GIVE

<https://www.thegreatgive.org/organizations/nutrition-security-solutions-inc>

Our monthly newsletters highlight innovative ways to improve seniors' access to supplemental foods, such as the Breakfast Box programs we introduced in March. We support a variety of programs for older adults and people with disabilities, drawing on our professional expertise in geriatric nutrition and the growing body of scientific knowledge about aging. This

knowledge helps us emphasize the importance of careful food choices to maintain nutritional balance and address specific health conditions.

NSS provides an extra level of care and attention on an individual basis. When you are making donations to nonprofit food organizations during the GreatGive, remember NSS: a special food organization providing tailored food services to nutritionally vulnerable elderly and disabled members of Greater New Haven communities.



Special grocery support is about more than food...

IT'S ABOUT INDEPENDENCE.

Without funding, many seniors are left with no ability to choose foods that support health conditions.

Donate today!

Nutrition is medicine.



Nutrition Security Solutions is a *grocery delivery service*

for the disabled and older adults!

For seniors, grocery choice means independence...

and we help them achieve it.



Medically Tailored Grocery

Packages

NSS food services has always been a food-as-medicine grocery program, and the online ordering process allows elderly and disabled people in our Greater New Haven area to shop for special dietary foods. At NSS, we provide balanced, healthy food packages, with items carefully selected based on each client's needs and often recommended by their healthcare professionals. Our calling card is:



Breakfast Box Supplemental Packages

NUTRITION IS MEDICINE!

The need for grocery support for seniors is increasing, yet many mandated programs are underfunded, leaving too many older adults without consistent access to the food they require.

At NSS, we witness something important every day: seniors don't just want food delivered to them; they want the independence to choose their own groceries and cook for themselves. This includes selecting special items that cater to health conditions that develop with age.

With your support, we can reach more seniors. A donation during our 2026 Great Give campaign will allow seniors to choose the food for their own meals tomorrow.

www.NSSINCCT.org/donate

Supplementing NUTRITIONAL PACKAGES



For those who are elderly,
sick, or disabled:

Boost and Ensure are
intended to supplement
1 out of 3 meals
in NSS nutritional
packages.

Approved NSS food packages for
maintaining body weight and
improved muscle mass, contain
one week's supply of high protein,
high energy protein supplements.

Nutrition Security Solutions, Inc. is dedicated to providing nutritious food packages to income-qualified elderly and disabled individuals through an innovative online pre-order and community pickup system. This initiative empowers individuals by offering them choices that combat food insecurity and promote health as they age. We invite you to support our mission by contributing to our Amazon 'Wish List,' featuring special food items and calorie- and protein-based supplements. Together, we can make a profound difference in the lives of those in need:

[Amazon Wish List](#)



The NSS information table will be prominently featured at community health fairs and senior centers across Connecticut during the summer months of 2026.

Join us for a powerful demonstration of our online client choice system, designed

to perfectly align with your clientele's dietary strategies, taking into account their health conditions, cultural backgrounds, and individual preferences.

Like or follow us on Facebook and LinkedIn by clicking on the icons below.
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www.NSSINCCT.org.



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