



NUTRITION SECURITY SOLUTIONS, Inc.

Nutrition is medicine.



**Medically Tailored Grocery
Deliveries to
Support Health Conditions
in Older Adults and People with
Disabilities**



**Special grocery
support is about more
than food...**

IT'S ABOUT INDEPENDENCE.

**Without funding, many seniors
are left with no ability to
choose foods that support
health conditions.**

Donate today!

The need for senior grocery support is growing, yet many programs remain underfunded and not mandated—leaving too many older adults without consistent access to the food they need.

At NSS, we see something important every day: seniors don't just want food delivered. They want the independence to choose their own groceries and cook for themselves—including special grocery items that support health conditions developed with age.

With your support, we can reach more seniors. A donation today means a senior chooses their own meals tomorrow.

www.NSSINCCT.org/donate

Supplementing⁺ + + NUTRITIONAL PACKAGES



For those who are elderly,
sick, or disabled:

*Boost and Ensure are
intended to supplement
1 out of 3 meals
in NSS nutritional
packages.*

Approved NSS food packages for
maintaining body weight and
improved muscle mass, contain
one week's supply of high protein,
high energy protein supplements.

Nutrition Security Solutions, Inc. offers nutritious food packages to income-qualified elderly and disabled individuals through an innovative online pre-order and community pickup system. This initiative empowers individuals by giving them choices that help address food insecurity and health conditions developing with aging. We are seeking additional donations of special food items and calorie- and protein-based supplements. Please use the link below:

www.nssincct.org/donate

Food Safety



Food service providers for older adults and people with disabilities must prioritize food safety. Individuals can easily become sick and take longer to recover because the immune system's function often declines. At NSS, careful attention is given

Safe food management and handling practices are job #1. Staff and volunteers receive certified training to ensure each special-ordered package is processed with special attention to the quality of the food we ship to our clients.

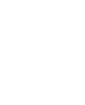
ServSafe is a national certification program for all food operating organizations (restaurants, senior meal sites, and food banks/pantries).

to eliminate food spoilage and contamination.



Training must be updated every 5 years as new guidelines for safe food management practices develop. Look for this logo displayed in all food establishments.

Dairy

- 
 1% Shelf-stable Milk 32oz
 Shelf-Stable (12-19--26)(12-25-26)
 32.00 fl oz Carton
 Servings: 4 Points: 3.00
- 
 Almond Milk (Assorted)
 Shelf-Stable (12-2026)
 32.00 fl oz Box
 Servings: 8 Points: 3.00
- 
 Evaporated Milk
 Shelf-Stable (12-24-27)
 12.00 fl oz Can
 Servings: 3 Points: 3.00
- 
 SOY MILK
 Shelf-stable (5-31-27)
 32.00 fl oz Box
 Servings: 4 Points: 3.00

When food items are entered into the NSS food inventory, the vendor origin and the best holding date are recorded. The best holding dates are visible to online shoppers when they choose to fill their grocery orders (see "Dairy" foods at left with highlighted dates on a recent shopping list)

The quality of our inventory items is clearly transparent to our shoppers. Customer satisfaction is our main objective.

Each inventory item is evaluated and matched with a special dietary requirement or concern. (including allergens). These evaluations appear as colored bubbles above each item. For Gluten-Free (GF) items, a brown bubble appears at the top of the selected item. Other dietary evaluations likewise have colored bubbles assigned to them.

Before beginning to shop, the client can select any number of dietary matches. The shopper only sees items on the screen to make a selection and spend their points. With a few simple clicks, NSS shoppers always receive a client-choice, nutritionally balanced package!




Grits
 Shelf-Stable (8-6-26)
 24.00 oz Container
 Servings: 18 Points: 6.00

- 1 +
 Limit: 1

Select any allergens that your household wishes to avoid:

Select any dietary requirements that your household has:

Symbol Translation

Our special dietary food inventory is possible from the generosity of the Ladies Mission Society of Center Church on the Green New Haven, CT.

"It's easier than Instacart!"

www.smartChoice.Life/nss

[NSS Food Services uses SmartChoice.life software]



Sign up for the NSS monthly newsletter through our website:
www.NSSINCCT.org.



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