



We participate in the Great Give 2024: Donate to NSS Food Pantry Services for the Elderly and Persons with Disabilities who need special individualized nutrition attention.

<https://www.thegreatgive.org/organizations/nutrition-security-solutions-inc>.

NSS Food Pantry Services are **FREE** to Connecticut residents who qualify by income. NSS provides personalized service. Our inventory has many unique food supplies unavailable from other pantries. NSS Food Pantry services can help you or your family member comply with

April is the month we celebrate and show our appreciation to the many volunteers who put their efforts into helping our food assistance packages arrive for elderly and disabled persons who cannot leave their homes to shop for necessary food supplies.

recommended health treatments and improve recovery time from rehabilitation or hospitalizations.

There is no time limit for using the pantry services or cap on the cost of food received in the packages.

Please leave a message at 203-901-6958 for a callback and to determine if you or a family member qualify for **FREE** participation in the NSS Pantry Program.

NSS, Inc. provides **FREE** pantry food deliveries to low-income individuals and their families. Pre-ordered food packages contain only requests because of special dietary requirements and concerns. When they register on the NSS pantry program, Pantry users see a particular shopping list with only items that meet their dietary eligibilities.



Amazing Diane, our faithful distribution volunteer!

NSS continues to sponsor fresh produce food drives monthly at drop-off pantry sites for residents who cannot access community mobile

Join our volunteer team for a photo showcase! Participating in a program that significantly benefits seniors will bring you immense satisfaction.



food distributions. When provided with fresh fruit and vegetables, older adults can improve their intake of wholesome foods. This is our idea of operating a local "fresh food truck"!



Catherine packaging!



Lisa distributing fresh green veggies!



Janet at the scale!

We welcome interested volunteers to our orientation session on the first Tuesday of every month at 10:30 AM at our food warehouse at 7 Corporate Drive, Unit #104 in North Haven. We need your help taking orders, preparing them, and making deliveries to homebound seniors. www.NSSINCCT.org

This month, NSS welcomes Mr. Kelly Walsh to our transportation and storeroom crew. He will drive the NSS minivan to help pick up food purchases, stock our shelves and coolers, and take many food deliveries to homebound pantry users who cannot access other resources for the foods they need for optimal nutrition. He is an important part of our team.



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