



Nutrition
Security Solutions, Inc.

They met on line



Families with senior members have all the ingredients for successful and healthy daily living. NSS's "meal kit" packages can facilitate nutritious family meals and connections. Everyone in the home can participate in meal preparation from quality ingredients, engage in lively conversation, and clean up at "together" times.

We miss those days when the whole family was together at grandma's house.

NSS, Inc. provides FREE pantry food deliveries to low-income individuals and their families, containing only pre-ordered food items they request because of special dietary requirements and concerns. Most individuals asking for NSS food assistance are elderly or disabled. We are receiving feedback that the pantry users are delighted. Many testify that the NSS pantry service has made a real difference in their lives.

NSS, Inc. sponsors fresh produce food drives once a month at drop-off pantry facilities for the elderly and handicapped residents who cannot access community mobile food distributions. Older adults can change their intake of wholesome foods when provided with fresh fruit and vegetables. This is our idea of operating a local "fresh food truck"!



We welcome interested volunteers to our orientation session on the first Tuesday of every month at 10:30 AM, located at our food warehouse location, 7 Corporate Drive, Unit #104 in North Haven. We need your volunteer effort to assist with online ordering, package "customized" orders, and make deliveries to homebound seniors. Our pantry service is unique because we only offer requested healthy foods with expert guidance, not provided by other pantries, to meet special dietary requirements and concerns.



We welcome Barbara Highsmith-Limpkin as our new Administrative Assistant. She is the new voice receiving your calls. It's as easy as placing orders on Instacart or Peapod.



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